

Celebrating World Mental Health Day

Friday 18th October 2019

1 – 3pm

Fi Real Restaurant, 57 West Street,
Old Market, Bristol BS2 0BZ

TOPICS:

Anxiety and Depression

Stigma and Discrimination

Different Types of Mental Health
Diseases – Dementia / Alzheimer's



For more information contact: 07 976 099 418 www.bristolcentral.adventistchurch.org.uk